



Marist Johnsonville

Kyokushin Karate Club



Chief Instructor: Peter Jennings (5th Dan) Phone: 478 1560 Mobile: 0275 715 723

NEWSLETTER February 2013

WELCOME TO 2013

I hope everyone had a safe and happy holiday break and have returned to training with a commitment to train hard and achieve realistic goals this year. A special welcome to our new students.

This year promises to be another full of activities, with grading (including attempts to gain black-belt), tournaments and our club again hosting the National Camp.

2013 IKO Matsushima National Tournaments

We will again make plans for a high level of Marist representation at our two national tournaments – in Hawkes Bay at Easter and Hamilton in September.

As we recognise that not everyone is ready or able to successfully compete in the Full-Contact Division, we do encourage those students to enter the Non-Contact or Kata competitions.

We have expectations that anyone attempting to be graded to brown-belt this year will participate in one or both of these events.

Please refer any related enquiries to Sempai Bev-Anne



New Zealand Martial Arts Institute

NZMAI has been established to audit and accredit martial arts organisation and senior instructors within New Zealand. This allows current and potential student of any form of martial arts can check the national data-base (www.nzmai.org.nz) to determine whether or not the instructors have had their credentials appropriately assessed.

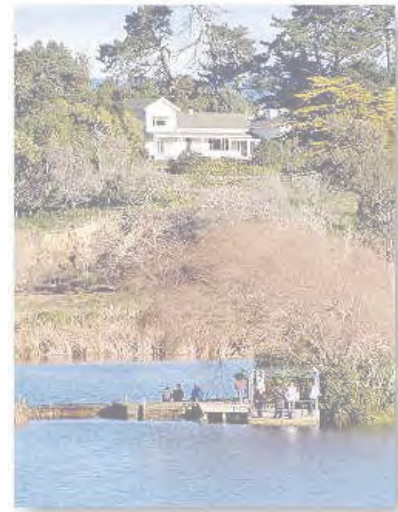
Shihan Peter is the Wellington Regional Director and Sempai Bev-Anne was appointed the Institute's National Secretary at the last General Meeting in Rotorua

2013 National Camp

Our national camp has been confirmed for the weekend of 14-16 June at Forest lakes in Otaki.

We will again be the host dojo and will be wanting all students to participate in this great learning opportunity.

Hanshi Taylor has been invited as our esteemed guest.



Training Fees



We have managed to keep the fee structure the same as last year. That is:

Primary (including intermediate) school aged students - \$65 per school term

Secondary school aged students - \$80 per school term

Adults - \$95 per 3 month term.

A 20% discount will be applied for those with 2 or more family members training and for those who pay a full year's fee at the start of the year.

Grading fees (for kyu grades) remain at \$25.

Overseas Membership.

All students must have International Membership – which cost \$30 and is a one-off payment. For that the student will receive an international membership card that allows the student's gradings to be internationally recognised and for them to be permitted to train at other clubs of the style – in New Zealand and throughout the world.

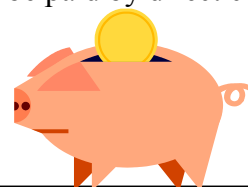
Bank Account:

Term fees, overseas membership fees and grading fees can be paid by direct credit into the following account:

Bank: BNZ

Account Name: NZKK

Account Number: 02-0560-0047907-000



Website Reminder

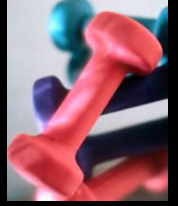
Our website is under the name of our branch: nzkyokushinkarate.co.nz



It includes a page for Marist Karate Club and several photos, past and more recent.

Adult Fitness Classes

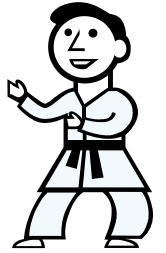
We have been running “casual” fitness classes for adults on Sunday mornings (11am-12noon) for the past couple of years. As it is at our home studio (187 Broderick Road) there is no additional charge and participants do not need to be members of the karate club.



Just turn up with shorts/track pants and a t-shirt (and a water bottle) and give it a go.

Grading's

Most students will have the opportunity to grade at least twice during the year. This obviously depends on how often individuals train, the level of technical skills developed since their last grading and his/her overall attitude in class.



Consideration is also given (particularly to those attempting green or brown belts gradings) to participation in external events - such as tournaments and camps.

The period between brown belt and black belt is normally at least two years, so black belt gradings are not a frequent occurrence at the club.

This year however, we are making plans for Mitch Horwell to attempt his Shodan (first-dan) grading in a few months and we also have Sempai's Laurence and Bev-Anne from our senior club training hard for their Shodan and Sandan (Third0dan) tests respectively.



2012 Prize-giving:

It was great to see so many students and supports attend the end-of year prize-giving function at Keith Spy Pool last December.

Congratulations to the following major prize recipients:

Jim Jennings Spirit Prize - Maia Bradley

Star Award - Caylimm Radford

Kumite Tournament Prize -Nieko Love

Kata Tournament Prize - Joel Love

Most Improved Female - Jade Heather

Most Improved Male - Caleb Austing

Club Jackets

We are soon to place an order for more of our black and gold Marist Karate track suit tops.

These cost \$80 each and are very good quality.

Please see Sempai Bev-Anne if you wish to purchase one.

OSU *Shihan Peter*

